

The Heart of Awareness Insight Meditation Community offers opportunities for all who wish to practice together grounded in the teachings of the Buddha. The Community is a volunteer organization and totally dependent on the support of those it serves to assure that the community continues to offer refuge to all who seek it.

Total expenses of the Community for 2019 are projected as 180,000 pesos. The fixed portion of those expenses is detailed below.

Rent	75,600
Utilities (Electricity and Internet)	4,000
Supplies	7,000
Outreach (Website and Print Ads)	<u>5,000</u>
Total Fixed Expenses	91,600

Each year we make an appeal for pledges of sustaining support to underwrite fixed expenses. This support is critical to our planning process.

Having fixed expenses covered by annual giving also allows us to use the donations collected at practice periods to bring visiting teachers to Ajijic, to offer special programs, and maintain and upgrade our facility and equipment.

We invite you to help assure that The Heart of Awareness continues to provide refuge to all who seek it. Please take a moment now to make your pledge of support for 2020. No amount is too small or too large.

Name_____

Email_____

Phone_____

I would like to support The Heart of Awareness with a sustaining contribution for the year 2020 in the following amount (pesos):

\$1,000___ \$1,500___ \$2,000___ \$5,000___ Other_____

Amount paid _____ Future installments_____ (monthly) (quarterly)

The completed form and donation may be left in the donation basket at HoA (envelopes are on the table) or you can email contact@heartofawareness.org to make other arrangements.